United Hebrew Earns National Recognition for Nursing Home Care

Selecting a long-term care facility with attentive and compassionate staff who provide expert care for a loved one can be an overwhelming decision. So it is welcome news when families hear about such facilities from nationally-known organizations. United Hebrew is proud to have been named a “Best Nursing Home” by U.S. News and World Report and to have been named one of “America’s Best for Extended Care by the Women’s Choice Award.

Read about the U.S. News recognition and Women’s Choice Award.

Major Renovations Completed at UH Assisted Living Facility

As Westchester’s aging population grows, we continue to invest in our facilities in order to meet the needs of today’s seniors. For some, those needs include advanced healthcare services and specialized programming. For others, who remain active and vibrant well past age 100, their needs are met by gracious living spaces with best-in-class amenities. With that in mind, we recently completed a major upgrade of our Willow Towers Assisted Living facility.

Learn more.

Top Tips for Holiday Travel with a Loved One who has Alzheimer’s or Dementia

This month, you may be thinking of traveling to visit family with your loved one who has been diagnosed with Alzheimer’s or dementia. Good news: The onset of these diseases doesn’t mean that family members can’t take the person affected on a trip. But it does mean that everything has to be considered with great care.

Get tips.
'New York State of Mind' on Display at our Lazarus Gallery

We are pleased to present "New York State of Mind," a collection of photographs by award-winning photographer, Enid Alvarez, on display through January 4, 2018. The exhibition features photos that depict the diversity of experiences of people living in New York City. The show offers personal meaning to Alvarez, as her mother, Angelita Velez-Torres is a resident of United Hebrew’s skilled nursing facility.

Learn more.

4 things worth sharing with you this week:

1. Antibiotics are among the most frequently prescribed medications at nursing homes and they are not always necessary. Our own Dr. Elaine Healy presented on this topic to the New York Medical Directors Association.
2. Seniors rule television! Check out this story about three new comedies set in retirement communities are coming to a TV near you.
3. Encouraging news: How Alzheimer’s patients can remain active and engaged, well after a diagnosis, in the Wall Street Journal.
4. A wonderful new memoir has been published about the trials and tribulations of caregiving. Read this interview with the author of Holding the Net: Caring for My Mother on the Tightrope of Aging.