



NEWS & UPDATES

United Hebrew of New Rochelle

September 2017

UH to Honor Three at 98th Anniversary 'Autumn Celebration'

On September 28, on an autumn evening filled with friends, dinner and entertainment, we will celebrate our 98th anniversary and honor community and business leaders who support our mission.

Rosemary McLaughlin, senior vice president and group director at Signature Bank; **Harrison Edwards, Inc.**, the county's leading strategic PR firm, and **Sigma Care**, a healthcare technology company, will be honored at the Glen Island Harbour Club. The date is Thursday, September 28. Join us!



[Register](#)

Seniors Breathe Easier with our New Respiratory Services

The good news is that we are living longer than ever before. But as we age, more people find themselves managing chronic conditions, illnesses and diseases that require specialized geriatric medical services that become part of daily life. With that in mind, we've added respiratory therapy services for our nursing home residents. Our goal is to meet our residents' advanced healthcare needs while ensuring a high quality of life.



[Read more](#)

Why You Should Stay Socially Active as You Get Older

Remember how easy it was to make friends when you were younger? There were endless opportunities to develop new relationships. But as adults age, social networks start to shrink. New research shows that social isolation and loneliness can have a significant negative impact on our health. So, it is wise to make a concerted effort to maintain ties to family and friends, or help your aging parents expand their social circles.



[6 steps you can take now](#)



Rehab Patients on the Road to Recovery with New Car Transfer Simulator

Our rehabilitation patients will be riding more smoothly, thanks to the generosity of **Arnold Penner and Madaleine Berley**. Their gift, a car transfer simulator, allows our short-term rehabilitation patients the opportunity to comfortably readapt to transferring in and out of a motor vehicle, a necessity for achieving independence. Thank you!

4 things worth sharing with you this week:

1. The misinformation that surrounds dementia remains a global problem. The #WorldAlzMonth campaign provides information and tools to help. [Check it out.](#)
2. Consumer Reports has published a comprehensive guide on eldercare and assisted living. Check out this [new resource.](#)
3. United Hebrew is "Ready for Anything," according to [this story in McKnight's Long Term Care News.](#) Read about our emergency preparedness.
4. We love happy clients! Here's a [wonderful testimonial](#) submitted by the daughter of one of our short-term rehab patients.



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- Memory Care
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