Westchester’s only not-for-profit residence devoted exclusively to Alzheimer’s and memory impairment
Willow Gardens is a place where adults with memory impairment are not only safe and cared for, but continue to live meaningful lives. Every aspect of our program is designed to create a sense of comfort, joy, control and achievement.

Making a Home
A familiar, peaceful environment is the key to minimizing agitation and making your family member feel content at Willow Gardens. Rooms can be furnished or decorated with personal items, and we encourage you to provide any additional materials, like books, games, photo albums or memorabilia that may ease the transition. Lots of natural light, pleasant décor and access to beautiful outdoor gardens all add to the sense of comfort we create for each resident.

Staying Engaged
Whether living with memory impairment or not, no one should spend their time just going through the motions or keeping busy. Life at Willow Gardens is fulfilling: creative activity programs, based on the latest research and designed for cognitive and social stimulation, are customized for each person. We strive to minimize the frustration that can come with a perceived loss of control, and create opportunities for our residents to make their own choices and celebrate daily accomplishments.

Experiencing Compassion
Our staff love what they do, and it shows every day as they are kind, empathetic and soothing to the people in their care. Continuous, comprehensive training ensures you will find national best practices at Willow Gardens.

Willow Gardens, a 45-bed residence dedicated exclusively to memory care, is licensed by the New York State Department of Health as both Enhanced Assisted Living and Special Needs Assisted Living. We provide all of the safety, comfort and care your family member will need on a daily basis.

Services
HEALTH AND WELLNESS
We carefully develop a customized care plan for each resident. Case management is provided by our experienced registered nurse and licensed nurses who are on-site 24 hours a day, 7 days a week.

DAILY CARE
Our staff provides daily assistance with all personal care needs, including medication administration and incontinence management.

ROOMS & AMENITIES
Willow Gardens offers private or semi-private suites in a fully secure environment with accessible enclosed outdoor gardens. Housekeeping, personal laundry and linen services are included.

DAILY LIFE
An appropriate schedule of regular activities, carefully selected for each individual, provides for physical movement and mental stimulation.

DINING & NUTRITION
Residents enjoy three delicious meals each day and frequent healthy snacks.

KEEPING IN TOUCH
We offer frequent family and caregiver meetings to keep families informed.

INSURANCE
We are qualified to accept long term care insurance (LTC).

Enhancing Lives Through Memory Care

For more information or to schedule a visit, please call 914-632-2804